

# MENTAL HEALTH COUNSELING

## Master of Science in Mental Health Counseling

The Master of Science in Mental Health Counseling program is offered at the Philadelphia PCOM campus only. Courses are offered on evenings, and the program takes two years to complete for full-time students. The program may also be completed on a part-time basis.

The mission of the Master of Science in Mental Health Counseling program is to prepare highly skilled, self-aware, compassionate counselors who provide evidence-based, culturally sensitive, and collaborative treatment using a whole person approach.

Grounded in the cognitive-behavioral tradition, this program trains practitioner-scholars to offer assessment, therapeutic interventions, consultation, program evaluation, and follow-up services using a collaborative integrative approach. Incorporating knowledge of the biopsychosocial model, the program provides a foundation for ethical practice and advocacy that facilitates the well-being of individuals, families, and communities. The program also trains students to work collaboratively in multidisciplinary settings as health service professionals and to engage in self-care and self-reflection.

The program prepares master's level graduates with the attitudes, knowledge, and skills to obtain credentialing as a licensed professional counselor in many states, become advocacy-oriented practitioners, and/or pursue further doctoral training. The program allows for concentrations in addictions and correctional counseling, clinical mental health counseling, and marriage and family counseling. The addictions and correctional counseling concentration prepares students for the Certified Drug and Alcohol Counselor (CADC) credential.

### First Year

Term 1		Hours
COUN 501	Theories of Counseling	3
COUN 510	Professional, Legal, & Ethical Issues in Counseling	3
COUN 505	Counseling Skills	3
<b>Hours</b>		<b>9</b>

Term 2		Hours
COUN 507	Social and Cultural Foundations in Counseling	3
COUN 506	Fundamentals of CBT and Suicidology	3
COUN 503	Psychodiagnosis & Psychopharmacology	3
<b>Hours</b>		<b>9</b>

Term 3		Hours
COUN 504	Group Therapy	3
COUN 508	Lifespan Development	3
COUN 512	Intro to Marriage & Family Counseling	3
<b>Hours</b>		<b>9</b>

### Second Year

Term 1		Hours
COUN 509	Tests and Measurements	3
COUN 515	Crisis & Trauma Counseling	3
COUN 571	Career and Vocational Counseling	3
<b>Hours</b>		<b>9</b>

Term 2		Hours
COUN 561	Practicum Seminar	3

COUN 552	Research Methods, Statistics, & Program Evaluation	3
COUN 520	Assessing and Treating Addiction	3
<b>Hours</b>		<b>9</b>

### Term 3

COUN 562	Internship I	3
COUN 527	Advanced Issues in Clinical Mental Health Counseling	3
COUN 590	Objective Comprehensive Exam	0
COUN 591	Case Conceptualization Comprehensive Exam	0
COUN 593	Comprehensive Exam (Standardized Patient Video)	0
<b>Hours</b>		<b>6</b>

### Third Year

#### Term 1

COUN 563	Internship II	3
2 Electives (3 credits each)		6
<b>Hours</b>		<b>9</b>
<b>Total Hours</b>		<b>60</b>